

LOGO THERAPY GROUP EFFICACY AND PERCEIVED STRESS ON PSYCHOLOGICAL WELL-BEING OF PATIENTS WITH MS

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ABSTRACT

The study aimed to investigate the efficacy of group logo therapy in the perceived stress and psychological well-being in MS patients. Methods, semi-experimental pretest-posttest design study with a control group. Research community, all members of the "MS Society Kermanshah" Bvd.bh that MS had to select a sample size of 24 patients voluntary sampling method chosen, then matched the experimental and control groups (each group, 12) were replaced. The experimental group participated in 8 sessions of two hours of group counseling Logo therapy while the control group received none. Assessment, psychological scale riffs and Cohen's Perceived Stress Scale. Results showed increased levels of psychological well-being and perceived stress was reduced. The results of this study suggest that to improve the psychological status of patients with MS Logo therapy more attention be paid to the group meetings.

KEYWORDS: Multiple Sclerosis, Psychological Well-Being, Perceived Stress